

Poppy Half Start Sheet - Alphabetical Surname

Robert	Ainsley	M	
Wayne	Aldous	M	
Sandra	Allison	F	
STEVEN	ANDERSON	M	
Anthony	Appadoo	M	
David	Applegate	M	
RALPH	ASTLEY	M	
REBECCA	ATKINSON	F	
RUTH	ATTRIDE	F	
SAMANTHA	AYRES	F	
BEN	BAILEY	M	
ROSE	BAKER	F	
Mark	Baker	M	canterbury harriers
HILDE	BAKKELI	F	CLAPHAM CHASERS
Chris	Baldam	M	
PHILIP	BALDING	M	BRIGHTON & HOVE CITY AC
TIM	BALLANTYNE	M	
VERONICA	BANKS	F	
GORDON	BANKS	M	
LAURIE	BANTIN	M	
KEVIN	BARBET	M	
DANIEL	BARFOOT	M	
Teresa	Barford	F	
STEVE	BARNES	M	
PAUL	BARNES	M	
KATIE	BARNETT	F	
Alan	Barnett	M	
Steve	Barnfield	M	Tunbridge Wells Harriers
NEIL	BARR	M	
Michael	Barton	M	
Andrew	Beaumont	M	
Matthew	Beaver	M	Hastings Runners
Anthony	Bedford	M	
Nick	Bedford	M	N/A

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ROY	BEELEY	M	
GARY	BEESTON	M	
Amanda	Benstead	F	
TOBY	BERRY	M	
Vicky	Bertram	F	Bexhill Runners
RUSS	BESTLEY	M	
Anthony	Blanchard	M	
Pete	Blomfield	M	HASTINGS RUNNERS
MARK	BONNER	M	
SALLY	BOURN	F	
RICHARD	BOURNE	M	HORSHAM JOGGERS
Helena	Braddock	F	
VERITY	BRADLEY	F	ISTEAD AND IFIELD HARRIERS
Claire	Brentnall	F	
WILLIAM	BRIERLEY	M	
ALEX	BRIERLEY	M	
PHILIP	BROADLEY	M	
Nathan	Broderick	M	
GILLIAN	BRODIE	F	BEDFORD HARRIERS AC
DANIEL	BROOKE	M	
Nick	Brooker	M	Wadhurst
Dan	Brown	M	
LAURA	BROWNE	F	
CATHERINE	BUCKINGHAM	F	
David	Bulmer	M	
Victoria	Burford	F	
KATIE	BURTONSHAW	F	
NERIDA	CAIN	F	
ROBERT	CAMERON-WOOD	M	HASTINGS RUNNERS
TOM	CAMPBELL	M	
EMMA	CARDWELL	F	PHOENIX STRIDERS
ANDREW	CAREY	M	
Susie	Casebourne	F	
Simon	Casebourne	M	

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CATHERINE	CATELL	F	
BILL	CHAFFE	M	
JON	CHAFFE	M	
RORY	CHANDLER	M	MACIES RAMBLES CLUB
Beverley	Chapman	F	heathfield road runners
Graham	Chapman	M	heathfield road runners
CASSANDRA	CHIDEOCK	F	
CHRIS	CHILDS	F	DARTFORD HARRIERS AC
LUCILLE	CHITTY	F	
HELEN	CHRISTY-JONES	F	
MARTIN	CHRISTY-JONES	M	
MIKE	CHURCH	M	
Bob	Claridge	M	
JOHN	CLARK	M	DARTFORD HARRIERS
LYNN	CLAY	F	DMVAC
DANIEL	CLOKE	M	
JEAN	COCKERILL	F	
Charlene	Coelho	F	
ROB	COGAN	M	
ALISTAIR	COLAM	M	
ROY	COLAM	M	
JIM	COLLINS	M	
CASSIE	COLVIN	F	HASTINGS RUNNERS
RACHEL	COMOTTO	F	
KAREN	CONNOR	F	STRIDERS OF CROYDON
ADAM	COOKE	M	
MARJE	COOPER	F	
Paul	Cordeux	M	Hastings Road Runners
RICHARD	CORNISH	M	
TIM	COX	M	BEXHILL RUNNERS
Philip	Crabb	M	
Sean	Creasey	M	Bexhill Runners
CLAIRE	CRESSWELL	F	MID SUSSEX TRI CLUB
GAVIN	CRICKETT	M	COMETS RRC

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David	Crosby	M	Bexhill Runners
Daniel	Crosby	M	Bexhill Runners
CAROL	CROUCH	F	
ROB	CROUCH	M	
SARA-JO	CROWE	F	
STUART	CROWE	M	
Aidan	Cunningham	M	Kent Athletics Club
Nick	Dann	M	
KIRSTI	DAVIDSON	F	BRIGHTON AND HOVE WOMENS RUNNING CLUB
ALEX	DAVIS	F	ASHFORD AND DISTRICT RRC
Wayne	Davis	M	
SCOTT	DAY	M	
Matt	Day	F	The Running Inn
CHRISTOPHER	DEAN	M	B2P TRIATHLON CLUB
KEITH	DELDERFIELD	M	BURGESS HILL RUNNERS
DIANE	DELDERFIELD	F	BURGESS HILL RUNNERS
MALCOLM	DENNIS	M	SERPENTINE
Claire	Dimmer	F	
DEBORAH	DIXON	F	
SIMON	DIXON	M	
Clem	Dixon	M	Cambridge Harriers
KATRINA	DIXON	F	EAST LONDON RUNNERS
John	Dodd	M	none
Frances	Doe	F	Hailsham Harriers
EDDIE	DOLAN	M	BEXHILL RUNNERS
Matthew	Dolan	M	
SIMON	DONAGHY	M	HERNE HILL HARRIERS
Rikki	Dove	F	Run Wednesday
Alan	Dowton	M	None
JOHN	DYCKES	MALE	HORSHAM JOGGERS
SUSIE	DYE	F	
STEPHEN	EASLEY	M	SERPENTINE
Chris	Eaton	M	
DEAN	EDWARDS	M	ROAD RUNNERS

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Andrew	Edwards	M	
Esther	Edwards	F	
ALAN	EGAN	M	
ANDY	EGGLETON	M	
Simon	Elliott	M	
LAURENCE	ELLIS	M	
PAUL	ELLIS	M	
Robert	Ellis	M	
Ray	Ellis	M	
IVAN	ERICSSON	M	
BEN	ERVINE	M	
NEIL	EVANS	M	
MATT	EVANS	M	
Ben	Evett	M	
ANDY	FAIRWEATHER	M	
ALI	FARRALL	F	WADHURST RUNNERS
Garrett	Farrell	m	Serpentine RC
James	Faulkner	M	Team Lifestyle
Emma	Faulkner	F	Bexhill Runners
MARCEL	FAULSTICH	M	
SARAH	FERGUSON	F	
CHARLES	FERGUSON	M	
Rosemary	Ferguson	F	
FRANK	FIELD	M	HASTINGS RUNNERS
NATASHA	FIELDEN	F	HASTINGS RUNNERS
Mark	Fincher	M	
LEE	FISHER	M	
Alasdair	Flint	M	
EMILY	FORD	F	
ALEX	FORDYCE	M	
Mark	Fox	M	hailsham harriers
IAN	FOXALL	M	
GARETH	FRANCIS	M	FRANCIS FLYERS
SCOTT	FRAZIER	M	

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Nick	Frean	M	
JOANNA	FURNEAUX	F	
Sean	Gallagher	M	Striders of Croydon
PETER	GAMSON	M	
Danny	GARBETT	M	Bexhill Runners
ZOE	GARDENER	F	
Robert	Gattoni	M	
Cat	Gibbons	F	
ROBERT	GODMAN	M	
Leon	Goldsack	M	Deal Tri
COLUM	GOODCHILD	M	
KIM	GOODHEART	F	
Karen	Gordon	F	
NIGEL	GORDON-JOHNSON	M	
JOHN	GORHAM	M	CITY OF SALISBURY
CHRISTINE	GORHAM	F	CITY OF SALISBURY
REBECCA	GOULD	F	NO
GEORGINA	GOULD	F	
Martin	Gourlay	M	Striders of Croydon
EMILY	GRABHAM	F	
SOPHIE	GRANT	F	SERPENTINE
TIM	GRAY	M	
Jim	Green	M	
MATTHEW	GREEN	M	WADHURST RUNNERS
ADRIAN	GREEN	M	
Paul	Green	M	
ZOEY	GREENWOOD	F	BEXHILL RUNNERS
NINA	GREGORY	F	
PETER	GREIG	M	
Alan	Greig	M	Horsham joggers
Angela	Gribbins	F	
COLIN	GROSSMAN	M	
HANNAH	GUCKENHEIM	F	
MALCOLM	GUMBRELL	M	WINCHESTER AND DISTRICT AC

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Dee	Guyver	F	
Colin	Haffenden	M	
Beth	Hall	F	run wednesdays
John	Halsall	M	
Karen	Hancock	F	Serpentine RC
COLIN	HANKS	M	
CLAIRE	HANKS	F	
David	Hansel	M	
Teresa	Harber	F	wimbledon windmilers
Pia	Hardelid	F	
DUNCAN	HARPER	M	
THOMAS	HARRISON	M	ST MARYS TRI CLUB
Doug	Hart	M	
Anthony	Harvey	M	
EMILY	HASLAM	F	
Simon	Hassett	M	Swanley & District AC
DAVID	HAWKINS	M	
Barry	Hayden	M	
MOHAMED	HEFNI	M	
Katie	Hemblade	F	
IAIN	HENDERSON	M	
DUNCAN	HENRY	M	
JAMIE	HETT	M	
Neil	Hoad	M	
Polly	Hoad	F	
SIMON	HODGES	M	BRIGHTON & HOVE CITY AC
BARRY	HOGGER	M	
Becci	Holdaway	F	Bexhill Runners
Rebecca	Holland	F	
Ian	Hollidge	M	
SARAH	HOLMES	F	
ROB	HOLMES	M	
TOM	HOPKINS	M	
OLIVER	HOPKINS	M	

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LUCY	HOPPER	F	
Ryan	Hosking	M	Herne Bay Rowing Club
SIMON	HUGHES	M	
BARRY	HUGHES	M	
LOUISE	HUNTER	F	
JOHN	HUNTINGDON	M	
NEIL	HUTCHISON	M	
Barry	Ingram	M	Bexhill Runners
Esme	Ireland	F	Winchester and District AC
Phil	Jack	M	
RONNIE	JACQUES	M	MACIES RAMBLERS CLUB
DAN	JAGGER	M	
Steve	Jahnson	M	
Nicholas	Jameson-Allen	M	Bexhill Runners
DIEGO	JAZANOVICH	M	
ROBERT	JEFFERY	M	
RALPH	JENNINGS	M	
Tom	Jennings	M	None
KIRK	JOHN	M	
SIMON	JONES	M	
JACK	JOUANNY	M	
ELLE	KATSAROS	F	
MICHELLE	KAY	F	
Sara	Kelly	F	
WARREN	KIDGELL	M	
GERARD	KIDGELL	M	
ANDREW	KILBEY	M	
CLAIRE	KILLWICK	F	
DAN	KING	M	
Sarah	King	F	
NIGEL	KING	M	
EMMA	KIRBY	F	
CRAIG	KIRCHER	M	
EMMA	KIRK	F	

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TAKASHI	KITATANI	M	
Martin	Knight	m	
ROBERT	KONOWALCHUK	M	
MICHAELA	KOSSUTH	F	
WOJCIECH	KOZIELSKI	M	CRYSTAL PALACE TRI
ALEXA	L Aidlow	F	
ANNALISE	Laidlow	F	
Keith	Lamb	M	Ashford Tri Club
Sam	Lane	F	
Jane	Lavington	F	
Chris	Law	M	HASTINGS RUNNERS
TONY	LAWLER	M	
MARIAN	LAWRENCE	F	
NICK	LAWRENCE	M	
MAT	LAWRENCE	M	MACIES RAMBLERS CLUB
DENIS	LEBARGY	M	
BARRY	LEE	M	
VICTORIA	LEGGE	F	STRIDERS OF CROYDON
PAUL	LEHANE	M	
MARION	LEUW	F	HORSHAM JOGGERS
Martin	Lever	M	Blackpool, Wyre & Fylde
MARTIN	LEWIS	M	
SARAH	LIGHTON	F	
GERALDINE	LIP	F	
DIANE	LISTER	F	
Aaron	Little	M	
SIMON	LLEWELLYN	M	
Nathalie	Lockton	F	Dulwich Park Runners
Tim	Loftus	M	
PHILIP	LONEY	M	
NEIL	LOOSELEY	M	
ROB	LOVE	M	
Ian	Lovell	M	Hastings Runners
Bob	Luck	M	East Grinstead Tri Club

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ROGER	LYNCH	M	
Ivan	Lyons	M	phoenix
KELVIN	MACDONALD	M	
MOIRA	MACDONALD	F	
Alastair	Maher	M	Serpentine RC
JO	MAINARD	F	
KESTER	MANN	M	REIGATE PRIORY ATHLETIC CLUB
ALUN	MARKS	M	
ALLAN	MARRIOTT SMITH	M	
TALIA	MARTIN	F	
Jason	Martin	M	
SARAH	MARZAIOLI	F	HASTINGS RUNNERS
LAURA	MASON	F	
Rachel	Matthews	F	Heathfield Road Runners
VICTORIA	MAYES	F	
OLIVER	MAYHALL	M	
BEN	MAYHEW	M	
CHRIS	MAYLE	M	
Jessica	Mayman	F	
Eamonn	McCLean	M	
VICKTORIA	MCCORD	F	
S	MCGARRY	M	
STEPHEN	MCGINLEY	M	
Hiroka	McGregor	F	
Stan	Mcintosh	M	
Paul	McManus	M	Lingfield RC
VICTORIA	MCMILLAN	F	
Caroline	Meaby	F	East London Runners
ROBERT	MEESON	M	
Jon	Mellor	M	
SUSAN	MERCER	F	HASTINGS ROAD RUNNERS
JULIA	MILES GRIFFITHS	F	PURPLE PATCH RUNNERS
HENRY	MILWARD	M	
AMANDA	MITCHELL	F	

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ALASTAIR	MITCHELL	M	
GORDON	MITCHELL	M	
KERRY	MOORE	F	
MATTHEW	MOORE	M	
Rebecca	Moore	F	Worthing & District Harriers
STEVE	MORAN	M	
Pam	Morley	F	Bexhill Runners
IZABELA	MORRIS	F	
ANGELA	MORRISON	F	BRIGHTON & HOVE RUNNING SISTERS
AARAN	MORRISS	M	
GIDEON	MOUNTFORD	M	
TAMSIN	MOWBRAY	F	BEXHILL RUNNERS
Ben	Muggridge	M	Hastings Runners
CATHERINE	MULLANE	F	
LYNDA	MULLINS	F	
KAREN	MURDOCH	F	
ANDREW	MURPHY	M	
PATRICK	MYLES	M	
RICHARD	NEWBIGIN	M	
JIM	NEWTON	M	
MAGS	NEWTON	F	
Jason	Newton	M	
Judy	Newton	F	
DORIAN	NIGHTINGALE	M	
CHASE	NOEL	M	
Mike	Noorbaccus	M	Oxted Runners
SUSAN	NORMAN	F	
RICHARD	NORRIS	M	
Andrew	Norton	M	Gade Valley Harriers
DECLAN	O'BRIEN	M	
Jewel	O'Connell	F	
TERRY	O'DONNELL	M	
KIM	O'DONOGHUE	F	
Brian	O'Riordan	M	

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Richard	O'Sullivan	M	
TINA	OBRIEN	F	ALMOST ATHLETES
RICHARD	OVERTON	M	BEXHILL RUNNERS
JULIA	OWEN	F	
STEVE	OWEN	M	
MICHAEL	PAIN	M	WADHURST RUNNERS
Tim	Palmer	M	
David	Palmer	M	Bexhill Runners
Kim	Parkham	F	
Jonathan	Parkham	M	
TONY	PARROTT	M	
CHRIS	PARROTT	M	
SCOTT	PARSONS	M	HASTING ATHLETICS CLUB
ROB	PARTINGTON	M	
DEBORAH	PEARSE	F	
JOHN	PEMBERY	M	
DAVE	PENDLETON	M	
MATTHEW	PERRETT	M	
RICHARD	PERRY	M	
MARIA	PETTS	F	
Scott	Phillips	M	
Remuna	Picard	F	
Charlie	PICKIN	M	
HELEN	PIGOTT	F	
CLARE	PITCHFORD	F	
KARIN	POLCEROVA	F	B2P
Stephen	Poole	M	
FIONA-NICOLE	PORTER	F	
BARBARA	PRATT	F	
KATHERINE	PREEDY	F	
EWEN	PURCELL	M	WORTHING DISTRICT HARRIERS
TOM	PURCELL	M	
JAMES	PURNELL	M	
Michael	Puszyk	M	

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Neil	Pysden	M	
Steve	Quantrill	M	
Clare	Rampton	F	
James	Rampton	M	
Juliette	Ramsey	F	Hastings Runners
MARIA	REARDON	F	
Graham	Redmayne	M	Dulwich Park Runners
DAVID	REES	M	
CHRISSIE	REYNIERS	F	
PAIGE	RICHARDSON	F	
STEVE	RICHARDSON	M	
KIM	RICHES	F	
GRAEME	RICHES	M	
TONY	RILEY	M	
Scott	Robbins	m	
Martin	Roberts	M	
PAUL	ROBINS	M	FARNHAM RUNNERS
Lindsay	Roff	F	Running Inn
Helen	Rogers	F	
JOHN	ROSE	M	
IVOR	RUMSEY	M	
JASON	RUSSELL	M	HAYWARDS HEATH HARRIERS
FIONA	RYALL	F	
Mark	Ryalls	M	Bexhill Runners
JAMES	RYAN	M	BODYWORKS XTC
Louise	Ryder	F	
KEVIN	RYDER	M	
Rick	Ryder	M	
Jonathon	Sadler	m	
Ben	Sadler	M	
Kenn	Saffery	m	Veterans AC
MICHELLE	SAMUEL	F	
NEIL	SANDERS	M	
Helen	Saunders	F	

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GRAHAM	SAXBY	M	
EVA	SCHROEDER	F	
Stephen	Scobie	M	
Bob	Scott	M	
Alec	Selvon-Bruce	M	
JAMES	SEYMOUR	M	
CATHERINE	SEYMOUR	F	
ROBERT	SHARPE	M	
STEVE	SHARPE	M	
SHAUN	SHERGOLD	M	
Ellen	Sherlock		
Louise	Shilling	F	
SACHIO	SHIMIZU	M	
Kristin	Simmers	F	
DAVID	SIMPSON	M	
NICHOLAS	SIMPSON	M	
DANIEL	SIMS	M	
Cherryl	Sinclair	F	Vegan runners uk
INGA	SIWICKA	F	
NATASHA	SLOW	F	HASTINGS RUNNERS
Kathryn	Smart	F	
Louise	Smart	F	
JACKIE	SMITH	F	
JULIE	SMITH	F	
WILIAM	SMITH	M	ST ALBANS STRIDERS
Andrew	Smith	M	None
Ewa	Sokol	F	
BART	SOMMERVILLE	M	
ANDREW	STADDEN	M	ARUNNERS
Deborah	Stamp	F	Tunbridge Wells Harriers
Darren	Stanbury	M	
KATIE	STEEL	F	
SALLY	STEWART	F	
JANE	STREETS	F	

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RAFN	STREETS	M	
Tamasyn	Streets	F	
AMANDA	STRINE	F	
JULIENNE	STUART-COLWILL	F	MID SUSSEX TRI CLUB
MOLLY	SUGRUE	F	
JAMES	SULLIVAN	M	
ANNE	SUMMERS	F	
CLARE	SYERS	F	
LUCY	SYERS	F	
ERICA	TERBLANCHE	F	
ROBERT	THICKETT	M	
Mark	Thomas	M	
Robert	Thomas	m	HASTINGS RUNNERS
Jason	Thorburn	M	Dulwich Park Runners
ANNE	THORNILEY	F	
DAVID	THWAITES	M	
ALAN	THYNNE	M	
RICHARD	TICKNER	M	
Helen	Tickner	F	
John	Tighe	M	Crowborough Runners
EMILY	TILBROOK	F	
Marc	Townsend	M	Bexhill Runners/Team Lifestyle
MARK	TRAVERS	M	GADE VALLEY HARRIERS
TIM	TRIGGS	M	
Kevin	Triggs	M	Fittleworth Flyers
Lavinia	Triggs	F	Fittleworth Flyers
Chris	Trueman	M	
REBECCA	TRUMBLE	F	
ROBERT	TURNER	M	
Stephen	Tyler	M	
David	Vaccaro	M	Sevenoaks AC
JENNI	VAN DEELEN	F	CANTERBURY HARRIERS
JOSHUA	VARNEY	M	HASTINGS AC
ALEXANDRA	VASEY	F	SERPENTINE

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MICHAEL	VEEVERS	M	
ELEANOR	VIDA	F	
Ana	Villamor	F	
ROBIN	WAKEFIELD	M	WINDLE VALLEY RUNNERS
KATARZYNA	WALCZAK	F	
NEIL	WALKER	M	
TIM	WALKER	M	
STEVE	WALL	M	
RYAN	WALPOLE	M	
ALAN	WALSH	M	
JANET	WALSH	F	
GARY	WALSH	M	
KATHLEEN	WALSHE	F	
Rob	Walter	M	
MICHAEL	WALTON	M	
Miss	Wannan	F	
CAROL	WARD	F	
PAUL	WARREN	M	
Nick	Webb	M	Hastings Runners
Claire	Webster	F	
Gary	Wenham	M	
TODD	WHATLING	M	
Vicky	Wheeler	F	seaford striders
JENNIFER	WHITE	F	HORSHAM JOGGERS
GUY	WHITEHEAD	M	TUNBRIDGE WELLS HARRIERS
STUART	WHITWELL	M	
MICHAEL	WHYTE	M	PHOENIX AC
MATTHEW	WICKHAM	M	
KAREN	WIGMORE	F	HORSHAM JOGGERS
STEVE	WIGMORE	M	HORSHAM JOGGERS
RICHARD	WILDING	M	
KEVAN	WILKINSON	M	SERPENTINE
LIZ	WILKINSON	F	SERPENTINE RUNNING CLUB
Charlotte	Wilkinson	F	

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Martin	Willard	M	
ANTHONY	WILLIAMS	M	
ALEX	WILLIAMS	M	
Julie	Williams	F	
CLARE	WILLIAMSON	F	
MIKE	WILMSHURST	M	
Miles	Wilson	M	
Christina	WILSON-LAW	F	
GARY	WINSTANLEY	M	DEAL TRI
Gary	Winterton	M	Team Lifestyle
ROGER	WISE	M	
JONATHAN	WISE	M	
DERRICK	WOOD	M	SEAFORD STRIDERS
PAUL	WOOD	M	
NIGEL	WOOD	M	
SHAUN	WOOD	M	ROAD RUNNERS
Clive	Wood	M	Road Runners
PAUL	WOODS	M	BEXHILL RUNNERS
TINA	WREN	F	HASTINGS RUNNERS
TIM	WRIGHT	M	
Charlotte	Wylie	F	
JACQUELINE	YARDLEY	F	
Tracey	Younghusband	F	